



January 2016 - In This Issue:

ELDERSOURCE RECEIVES NATIONAL COUNCIL ON AGING GRANT

SOCKUARY

TOGETHER. SHAPING THE FUTURE.



Clay County Senior Volunteer Award

Does your organization have any wonderful seniors who volunteer in Clay County and deserve to be recognized for their dedication to the community? Honor these volunteers by nominating them for this wonderful award!

ElderSource is supporting and serving as host for the *9th Annual Golden Years Gala*, an event presented by Shepherd's Center of Orange Park. The event celebrates and recognizes seniors in Clay County for their outstanding volunteer service. **DEADLINE IS JANUARY 31, 2016. [Nominate a senior today.](#)**

Caregiver Coalition Event February 13

"Caring for the Caregiver" is a conference that can help you take

ELDERSOURCE RECEIVES NATIONAL COUNCIL ON AGING GRANT

Grant to continue work via Mobile Resource Center

The National Council on Aging (NCOA) recently announced the recipients of the 2016 Benefits Enrollment Center Sustainability Grants. For the third year in a row, NCOA awarded ElderSource a \$50,000 grant to continue its work via its Mobile Resource Center (MaRCy). The ElderSource Mobile Resource Center was established in 2012 for the purpose of traveling around its 7-county service area to reach seniors and their caregivers living in outlying counties and rural areas who might not otherwise have an opportunity to receive information about the agency's program and services. MaRCy is one of several outreach initiatives designed to help more seniors, persons with disabilities and their caregivers access resources available to them.



"Many seniors are not sure how to access benefits such as SNAP (food stamps), Medicare Part D, Medicaid and Low-Income Subsidy programs," said Andrea Spencer, ElderSource Communications Director. "The mobile resource vehicle is a creative and efficient way to promote available resources, as well as make the connections, face-to-face, with individuals who need the help."

better care of yourself and those you care for by connecting you to a network of fellow caregivers and some of the best community resources and thought leaders in aging services.

Saturday, Feb. 13, 2016
Legends Center
5054 Soutel Drive
Jacksonville, FL 32208

Registration at 8:30 a.m.
Program 9 a.m. to 2 p.m.

Complimentary Breakfast & Lunch,
Professional Speakers, Prizes and
Giveaways.

To request complimentary respite care
for your loved one, call AgingTrue
Senior Services at 904.807.1319
by Friday, Feb. 5.

Registration is free! To register,
call 904.407.6790 or visit
<http://bit.ly/northjaxcaregivers>

Resource Articles

Click on the links below to read more.

Ageism, Attitude and Health!
**Buying into old-age put downs is
bad for you. Here's why.**

Fear of falling: One trip can cause
serious damage. **Here is how to
avoid it.**

Caregiving a career for some, lifestyle
for others. **What is a caregiver?**

Jobs for Seniors

The following websites contain
information designed to assist senior
job seekers in finding employment
and/or training opportunities that may
help ensure economic independence
and security.

[Employ Florida Silver](#) - brings job
seekers age 50 and older in contact
with business organizations that
declare themselves "older worker
friendly."

[The Employ Florida Marketplace](#) - is

The NCOA Center for Benefits Access currently funds 35 Benefits
Enrollment Centers (BECs) around the country that focus on connecting
Medicare beneficiaries with limited incomes to core benefits that pay for
healthcare, food, and more. For more information about how to access
benefits or the Mobile Resource Center, call 904.391.6692 or visit us online
at www.myeldersource.com.

FEBRUARY IS NOW SOCKUARY!

Friends of ElderSource is collecting socks for seniors



Friends of ElderSource has declared February as Sockuary!

During Sockuary (February) join us as we collect NEW socks for seniors!
Any socks will do - knee socks, ankle socks, white, black,
colors or patterned - as long as they are new, adult-sized socks.

Step up and invite your company, school, place of worship and your social
groups to be an official sock collection site during Sockuary!

Sock collection bins are available. Contact Friends of ElderSource
to reserve your bin TODAY at giving@myeldersource.org or 904-391-6679.
[Click here to get involved.](#)

ELDERSOURCE EMPLOYEE OF THE YEAR

A Shining Star - Employee of the Year Named

Each year the Executive Director has the
honor of selecting an employee who has
demonstrated throughout the entire year a work
ethic and demeanor that embodies the mission
of the agency. At the January staff meeting,
Linda Levin presented Kadawndra Sales,
Lead Client Service Specialist, with the 2015
Employee of the Year Award. She has been
with ElderSource since 2004.



"Kadawndra really led the way in 2015 with
her leadership skills and work performance,
integrity, dependability and initiative," said
Levin. "Because of the changes with the
state's Medicaid Managed Long-term Care process,
Kadawndra faced additional challenges to
implement these changes and ensure that
people were getting the help they needed.
Not an easy task with a process that is
very complicated."

Outside of her job at ElderSource, Kadawndra is a mother of two and has an
entrepreneurial spirit creating original monogrammed craft items.

VOLUNTEERS NEEDED IN VOLUSIA COUNTY FOR ELDERSOURCE'S

an online portal to virtual job matching services for all ages.

RetirementJobs.com - seeks to connect senior workers with companies and positions that match their skills.

[Encore Careers](#) - is for those who are moving beyond midlife careers, yet refusing to fade out or fade away. This site will help you search for a calling in the second half of your life.

Your Aging and Disability Resource Center HelpLine

The Aging and Disability Resource Center (ADRC) HelpLine is the place to start for help if you are a senior, an adult living with a disability or a caregiver. ElderSource Customer Service Specialists are available to listen to your concerns and are trained to help you access local agencies, services and programs. They will work with you to explain what resources are available, help you enroll in the programs for which you are eligible and also advocate on your behalf.

ElderSource ADRC HelpLine assistance is available to persons living in our seven county service area - **Baker, Clay, Duval, Flagler, Nassau, St. Johns and Volusia.**

ADRC HelpLine Hours:
Monday through Friday:
8 a.m. to 6 p.m.
Call: Local: 904.391.6699 Toll Free:
888.242.4464
Hearing or visually impaired call
Florida Relay Services at 7-1-1

[Click here for more information.](#)

ElderSource Board meeting dates

ElderSource Board of Directors and Advisory Council 2016 Meeting schedules.

[Click here for more information.](#)

SHINE PROGRAM

Start Your Training Today!

ElderSource is currently recruiting volunteers in Volusia County to help citizens become better informed about their Medicare choices. Volunteers are vital part of ElderSource's SHINE program (Serving Health Insurance Needs of Elders), which helps elders make informed decisions about their Medicare health benefits and other health insurance issues.



Through an at-home, online training program SHINE Volunteers will receive basic training on Medicare, Medicare Part D (prescription drug program), Medicare Supplement Insurance and Medicaid. Volunteers have four weeks to complete the training at their own pace. The online course will be followed by a one day training that includes a detailed review and hands-on instruction. Additionally, other SHINE volunteers will serve as mentors to their peers on how to understand and capitalize on these insurance benefits.

Volunteers must have completed the online course to attend the final training module on Wednesday, March 16. Training will be from 9 a.m. to 4 p.m. at the Volusia County Council on Aging located at 160 North Beach Street, Daytona Beach, Florida, 32114.

[Click here to learn more.](#)

NEW FRIENDS OF ELDERSOURCE BOARD MEMBERS

Join us in welcoming these new board members



G. Ormal Ali,
Store Operations
Manager,
Walgreens



Japhetia "Fettie"
Blackwell,
MSN, RN.,
Intake/Marketing
Manager, Baptist
Home Health
Care



Andrea I. Hart,
MPH, CHES-
President/CEO
Agapelife Health
Group, LLC dba
BrightStar Care of
the Beaches &
Ponte Vedra



Jim Mace,
Application
Infrastructure
Implementations,
Black Knight
Financial Services

SAVE THE DATE: A NIGHT WITH THE STARS!

Join Friends of ElderSource for Crooners, Cars and Cocktails on June 4th

Sockuary bins arrive



Thank you to **Republic Services** for donating the cardboard bins for collecting socks for seniors during Sockuary. Thank you also to Enrique for delivering the bins in the rain! Reserve your bin today.

The event with the theme *Crooners, Cars & Cocktails*, transports guests to the Rat Pack era with an elegant '50s twist, big band music from the Crescendo Amelia Big Band, dancing, signature cocktails, and heavy hors d'œuvres, all staged in an elegant night club atmosphere at the WJCT Studios. During the evening ElderSource will present the **Delores Barr-Weaver Elder Advocate Award** to a deserving community member for their commitment and dedication to the aging community on the First Coast.



Crooners, Cars & Cocktails

A Night with the Stars Gala raises much-needed funds for ElderSource to continue providing resources and services to families and the community. Join us on Saturday, June 4, 2016. Sponsorship opportunities are available. [Click here to learn more!](#)

A NEW YEAR - ARE YOU UPDATING YOUR WILL?

Have you thought about Friends of ElderSource in your will or estate?

Planned gifts create unique opportunities for donors to support organizations that share like-minded values such as ElderSource's. A planned gift balances your desire to support Friends of ElderSource with your overall financial, tax, and estate planning goals. Planned giving may also allow you to make a larger gift than you thought was possible. It is important to determine what gift is right for you.



There are many options from which you can choose, depending on what you wish to accomplish for yourself, your family, and your charitable interests in your overall estate and financial plans.

[Click here to learn more.](#)



ElderSource

Toll free: 888.242.4464
Local: 904.391.6600
Fax: 904.391.6693

ElderSource is a private, not for profit agency designated by the state as the Area Agency on Aging and Aging & Disability Resource Center for Northeast Florida. ElderSource serves as the focal point to which elders, adults with disabilities, caregivers, Northeast Florida seniors and the general public can receive information, referral, assistance and answers on all aging issues.



STAY CONNECTED



Friends of ElderSource is a registered 501(c)3 private nonprofit organization. A copy of the official registration and financial information may be obtained from the division of consumer services by calling, toll-free within the state, 1-800-HELP-FLA or visiting the website www.800helpfla.com. Registration does not imply endorsement, approval or recommendations by the state. REG: CH31757