



**elderSOURCE**  
start here for help

**October 2016 - In This Issue:**

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Wow!



**BUY GREETING CARDS**  
**AND SUPPORT**  
**ELDERSOURCE**



**GET HELP**

**Upcoming Events!**

To find a SHINE presentation in a neighborhood near you, go to:



**Note from the Executive Director**

Dear Friends:

I am hoping that you, your families and businesses have not been too severely impacted by Hurricane Matthew, but if so, that your recovery process is well underway. As the Area Agency on Aging and Aging & Disability Resource Center for Northeast Florida, it is our mission to help seniors, caregivers and adults with disabilities connect to resources and information anytime, but especially in critical situations. We are here to help. Our amazing customer service specialists are taking calls on our HelpLine Monday through Friday, 8 a.m. to 6 p.m. You can reach a staff member by calling



**1-888-242-4464**

There are a number of other agencies that are poised to

### **Lighthouse Assembly of God Health Fair**

Saturday, Oct. 22 - 9 am to Noon  
1010 Melson Ave.  
Jacksonville, FL 32254  
Contact: Laurie Nay  
904.302.4283



### **Make A Difference Day**

Sat, Oct. 22 - All day  
St. Johns Housing Partnership is looking for individuals and teams to tackle community projects in St. Johns County. Call: 904.824.0902.

### **Health and Human Services Summit**

Friday, Oct. 28 - 11 am to 3 pm  
Daytona Beach Ocean Center  
101 North Atlantic - Daytona  
Call: 386.947.8301

### **Spirit of ADA**

*Celebrating the Americans with  
Disabilities Act*  
Sun., Oct. 30 - 9 am to 3 pm  
The Jacksonville Zoo  
370 Zoo Parkway  
More info: 904.399.8484

### **Baker County Sr. Expo**

Tues., Nov. 1 - 10 am to 1 pm  
Heritage Park -Macclenny  
More info: 904.259.9315

### **Old Karts and Arts Downtown Street Festival**

*To benefit Baker County COA*  
Sat., Nov. 4 - 10 am to 3 pm  
604 Walnut St. - Green Cove  
Springs  
Call: 904.259.2223

help in the aftermath of the hurricane. Depending on your needs and where you live, here is a list of some key agencies:

[Florida Disaster Relief](#)  
[The Florida Virtual Business Emergency Operations Center](#)

[Baker County Emergency Operations Center](#)  
[City of Jacksonville Information](#) or 904-630-2849  
[Clay County Emergency Operations Center](#)  
[Nassau County Emergency Operations Center](#)  
[St. Johns County Emergency Update Information](#)

Flagler County Call Center - 386-586-5111

Volusia County Citizens Information Center - 866-345-0345

American Red Cross Hotline - 386-586-5111

I wish you well and thank you for supporting ElderSource as we fulfill our responsibilities to the counties we serve.

Sincerely,  
Linda J. Levin, M.S.G.  
Executive Director

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## **Evaluating Your Medicare Benefits**

Have you been waiting to make changes to your Medicare Prescription Drug or Medicare Advantage plan? The long-awaited official period of change is here. The Annual Enrollment Period (AEP), the specific time frame to make changes in your Medicare plan, runs from October 15 through December 7, 2016.

ElderSource has a program through the Florida Department of Elder Affairs to help seniors understand their options and make the best choice for them: SHINE – Serving the Health Insurance Needs of Elders.

Specially trained SHINE volunteers help Medicare beneficiaries, their families and caregivers understand their health care options by offering free, unbiased, and confidential information and counseling concerning Medicare. They encourage beneficiaries to review their benefits and evaluate their health care options each year.

To receive help from a SHINE counselor, schedule an appointment or attend enrollment events in the local community, call 1-800-96-ELDER (1-800-963-5337). For a listing of SHINE counseling sites and enrollment events, please visit [www.floridashine.org](http://www.floridashine.org).

Flagler County SHINE Counselors (pictured left to right) Virene Garrett, Carol Sarni and Vivian Rowe are ready to

## AARP Virtual Family Caregiving Fair

Thurs. Nov. 17 between 11 am and 4 pm  
Free. Register at:  
[aarp.org/familycarefair](http://aarp.org/familycarefair)

## Wow! Aging Can Look Different!



[Click Here for Video](#)

The modeling world may still be predominantly dominated by people in their teens and twenties, but there are older models who are helping to change the actual face of the industry. Eighty-year-old Deshun Wang is one model breaking such boundaries. The actor-turned-model made headlines when he walked in a fashion show during 2015 China Fashion Week at the ripe age of 79. Not only did he strut down the runway with complete confidence, he did so while shirtless.

"There is no 'too late.' You just need to set your mind to it," it says in the video description.

## Job Opportunities

### Medicaid Client Services Specialist

ElderSource is currently seeking a Medicaid Client Services Specialist to perform activities related to the accurate and efficient administration of the Medicaid eligibility process. This professional will complete client intake, screenings and assessments to facilitate the eligibility application and review process. This position must be a result-oriented person with excellent written and oral communication skills. Must be self motivated, able to work accurately and efficiently with minimum supervision. Knowledge of programs for

help!



## Agency Awarded Two Grants

ElderSource recently received good news that we are the recipient of two grants: a \$50,000 from the National Council on Aging (NCOA) and \$30,000 from the LGBT Community Fund of Northeast Florida.



National Council on Aging

The Senior SNAP Initiative is a national program funded by NCOA with a grant from the Walmart Foundation

designed to help seniors 60 and older apply for and enroll in the Supplemental Nutrition Assistance Program (SNAP). ElderSource will be working with the Stop Senior Hunger Coalition members to recruit, train and organize volunteers to help adults make application for this very important benefit which provides much needed assistance for food to hungry seniors. If you'd like to volunteer, email [info@myeldersource.org](mailto:info@myeldersource.org).

The grant from the LGBT Community Fund supports our LGBT Elders Initiative to provide LGBT Elder Cultural Competency Training to



**LGBT**  
COMMUNITY FUND  
FOR NORTHEAST FLORIDA

professionals serving elders in locations such as home health agencies, senior public housing, assisted living facilities and skilled nursing facilities in the seven-county area we serve. The program, now in its third year, has grown from one trainer to seven, and nearly 500 people have participated in the trainings.

The National Council on Aging (NCOA) is a respected national leader and trusted partner to help people aged 60+ meet the challenges of aging whose mission is to improve the lives of millions of older adults, especially those who are struggling. The LGBT Community Fund of Northeast Florida is a giving circle of The Community Foundation of Northeast Florida and was founded in 2014 and pools the collective resources of its members to benefit the LGBT community in Northeast Florida. If you would like the free training for your agency, or company or if you would like to attend a training or more information,



the frail elderly and persons with disability a plus. Applicant must have BS/BA degree in social work, sociology, psychology, gerontology, or related social services field or related social services field. Relevant work experience may be substituted. Background check and drug screen required. Annual Salary: \$30,259 with benefits. Fax resume to 904-391-6601 or email to: [resumes@myeldersource.org](mailto:resumes@myeldersource.org) EOE

### **SNAP Champion (Supplemental Nutrition Assistance Program)**

ElderSource is seeking a professional to recruit, train, manage volunteers for a grant-funded program to increase the numbers of seniors who receive SNAP benefits in our seven-county region. This is a full-time position. The SNAP Champion is also responsible for managing relationships with partner organizations. This professional should have a Bachelor's degree and six months or related experience, two years of volunteer management experience or equivalent combination of education and experience. Must be tech savvy and proficient in use of the internet, database applications, and software programs such as desktop publishing, Excel spreadsheets, and Microsoft Word. It is essential that this professional have excellent communication, training and presentation skills. Background check and drug screen required. Fax resume to 904.391.6601 or email: [resumes@myeldersource.org](mailto:resumes@myeldersource.org) EOE.

## **Buy Holiday Cards and Support ElderSource**

The holidays are just a few weeks away and it's not too early to order your cards. Buy beautiful, personalized quality cards from Cards for Causes and 20 percent of your purchase will benefit Friends of ElderSource. [Click here to start your order!](#)

please email Heidi Katz, at [Heidi.katz@myeldersource.org](mailto:Heidi.katz@myeldersource.org).

## **Walgreens and Representative Travis Cummings Honored**

At the annual Southeastern Association Area Agencies of Aging (SE4A) Conference held last month in Biloxi, Mississippi, both Walgreens and State Representative Travis Cummings received awards for their significant impact and contributions to the quality of life for older adults.

The Orlando regional office of Walgreens was with the 2016 Corporate Partnership Award presented recognizing their continued efforts to improve the quality of life of older persons in the Southeast region.



*Left to right: Susan Alevy  
ElderSource Director of  
Planning and Programs and  
Bob Braley, Walgreens*

"Walgreens has successfully worked with ElderSource and many of my Florida colleagues to ensure that our seniors are getting important information and access to health care,"

said Linda Levin, ElderSource Executive Director. Some of Walgreens efforts include being a partner in the Greater Miami Coalition to Prevent Unnecessary Rehospitalizations where they provided home and bedside delivery of medications to discharged patients.

In Jacksonville, Walgreens sponsored events promoting flu vaccines, Grandparents Day and the ElderSource major fundraising event. Additionally, Walgreens has been supportive of the SHINE program and World Elder Abuse Awareness Day events.

State Representative Travis Cummings received the *Aging Impact Award* honoring his advocacy to secure \$400,000 additional funding during the both 2015-16 and 2016-17 legislative sessions, funding designated for home-delivered meals and congregate meal sites. "His work at the state level produced tremendous results for seniors. His support of elders is greatly appreciated by ElderSource and our providers," said Linda Levin.



*Rep. Travis  
Cummings*

# Employee of the Month



*Sherry Holmes*

Recognized for cheerfully taking on new assignments while simultaneously handling her regular responsibilities, administrative assistant Sherry Holmes was named the September Employee of the Month. Sherry's daily duties include administrative support for the Friends of ElderSource and ElderSource Institute Boards, maintaining records for various agency committees and serving as back up to the front desk

receptionist. She was recently asked to take on additional responsibilities entirely outside her scope of work to help a co-worker who was on medical leave. Sherry's nominator described her as "...a person who is always willing to help, a person who can quickly adapt to new situations, learn new skills and needs little follow-up to meet the challenge." Sherry is an outstanding member of the ElderSource team!



## ElderSource

Toll free: 888.242.4464

Local: 904.391.6600

Fax: 904.391.6693

ElderSource is a private, not for profit agency designated by the state as the Area Agency on Aging and Aging & Disability Resource Center for Northeast Florida. ElderSource serves as the focal point to which elders, adults with disabilities, caregivers, Northeast Florida seniors and the general public can receive information, referral, assistance and answers on all aging issues.



STAY CONNECTED



