



July 2017 Newsletter

Connect with us



Getting in Touch with Our Clients

Author Rachel Grady once said, "Always put yourself in others' shoes. If you feel that it hurts you, it probably hurts the other person, too." This quote was particularly relatable when ElderSource staff recently participated in the agency's Age Sensitivity Training, an interactive program shedding light on the specific needs and challenges older adults face in their daily living activities.

"We are in the business of helping seniors live independently and it's important to periodically remind ourselves at ElderSource of the difficulties seniors may face in carrying out daily tasks that may lead to other issues and isolation," said Linda Levin, Executive Director.

During this workshop, staff literally looked through the lens and experienced what it is like to see the world as if they have a visual impairment, such as macular degeneration or glaucoma. They attempted to complete tasks like counting out medication, buttoning a shirt or writing their name as if they had arthritic hands. They also learned about changes with hearing and techniques to use to better serve elders.

The workshop is offered by ElderSource Institute and is available to any organization or company who want their employees to understand these challenges and empathize with their older customers or clients. For more information about

the training, available CEU's for professionals, email ElderSource Institute staff at info@eldersourceinstitute.org or call 904.391.6600. See the full workshop description at www.eldersourceinstitute.org.



Seeking Advisory Council Members!

Senior Volunteers Impacting Their Local Community

Looking for a volunteer opportunity be an active voice for seniors in your community? ElderSource is looking to add members to its Advisory Council, specifically seniors whoseide in Flagler, Clay and Nassau counties.

Duties for anAdvisory Council member are to report on the needs of elderly and emergingissues in their respective counties; review and comment on the agency's AreaPlan; study legislative issues and advocate on behalf of the elderly; assist inpromoting the mission, programs and activities of the agency; and to educate the public about the needs and the contributions of the elderly.

"Our AdvisoryCouncil members are an important asset to our organization," said Linda Levin,Executive Director of ElderSource. "They are an active voice we need to hear in order for us to stay in touch with the issues affecting seniors in the communities inwhich they live."

Meetings are heldthe third Thursday of every other month from 12:30 p.m. to 2 p.m. at theElderSource offices located at 10688 Old St. Augustine Road, Jacksonville, FL. Advisory Council members are reimbursed for their mileage to and from the meeting. For more information about how to become an ElderSource Advisory Council member, please call 904.391.6600 or email linda.levin@myeldersource.org.



Get Senior Food Stamp Help With the SNAP Nutrition Program

Sign-up today for SNAP

In northeast Florida almost 30,000 people who are potentially eligible for SNAP assistance are not tapping into this resource, leaving the opportunity for groceries and better nutrition untouched. SNAP helps people with low-income buy healthy food. ElderSource staff will help determine a person's eligibility and assist clients in the enrollment process. Individuals must pass all eligibility rules to get food assistance benefits. Don't miss out on the chance to start eating healthy today! [For more information on how to apply Click Here.](#)



Advocating for Elders in the Community



Elder Abuse Awareness Recap

A special thank you to everyone who participated in or partnered with us during Elder Abuse Awareness Day on June 15. We held a great educational event on Elder Abuse Awareness at the Main Library Downtown, featuring speakers Ken Amaro (First Coast News), Lynne Powell (Department of Children and Families) and Tance Roberts (Attorney, Matanzas Law Group). Over 75 people attended the event which was coordinated by ElderSource, the City of Jacksonville and Jacksonville's Downtown Library. The event was designed to inform citizens about how to avoid or report abuse, neglect and the exploitation of seniors.

In addition to the event at the Main Library, staff from ElderSource Institute presented a training on Elder Abuse Awareness and Prevention. The training helped to raise awareness of those working with older adults about types of abuse, risk factors, and indicators of abuse and the process of how to report it. Staff also wore purple on June 15th, the color that recognizes the national effort to bring awareness to elder abuse issues.

Elder abuse, neglect and exploitation is a prevalent problem and can be reported anytime. Individuals are encouraged to call 1-800-96-ABUSE to report a suspected incident and seek guidance and assistance. Calls can be made anonymously.

In case you missed it, [Click Here](#) to view a news story, featured in the *Florida Times-Union* advocating for the awareness of elder abuse.

June Employee of the Month



Congratulations to Nancy Tufts, planner, who is our June Employee of the Month. Nancy was nominated for her excellent team project support and consistently going above and beyond. She recently helped ElderSource Institute with building its online training platform, giving her time, support and knowledge to help complete the project, in addition to managing her other duties as ElderSource's Planner. Congratulations Nancy for all your hard work!

Leave a Legacy: Commemorative Tiles at ElderSource



You can have a permanent place in the lobby of ElderSource's home office by purchasing a wall tile to honor or celebrate a loved one – a birthday, an anniversary, in memoriam. The tiles, which vary in price, are viewed daily by community partners, clients and special guests visiting our office. Consider a special gift for a special someone today! For more information about the commemorative tiles call 904.391.6690 or to order your own personalized tile, download the order form by [Clicking Here](#).

Save the Date for Northeast Florida Senior Events



Caring for the Caregiver - FREE Workshop

Date: Saturday, July 15, 2017



Grandparents Day 2017

Time: 8:30 am to 3 pm

Location: Ramada Inn Mandarin
3130 Hartley Road
Jacksonville, FL 32257

This conference can help you take better care of yourself and those you love. Here you can connect to a network of fellow caregivers and some of the best community resources and thought leaders in aging services.

Hosted by: Community Hospice & Palliative Care and Caregiver Coalition

Presented by: AARP Jacksonville

[Click Here](#) to register.

Date: Sunday, September 10, 2017

Time: Noon to 4 pm

Location: Historic St. Andrews Church
317 A. Philip Randolph Boulevard

More information coming soon.

If you would like to help sponsor this event please contact Liz Morgan at Liz@lizmorganpr.com

This event is sponsored by:



Another Round of Hambingo!



Join us for another round of charity Hambingo at Hamburger Mary's! A great chance to win great prizes, while enjoying great food and drinks. There's nothing like having fun while giving back. \$10 gets you 10 games of Bingo. Call 904-551-2048 to RSVP now and save your seat(s)!

Date: Monday July 30, 2017

Time: 7 pm to 10 pm

Location: 3333 Beach Boulevard | Jacksonville, FL 32207

abilities, races, genders, religious perspectives, sexual orientations and gender identities – in everything we do. We welcome the unique insights and perspectives of all persons in our quest to fulfill our mission.

myeldersource.org | info@myeldersource.org | 904-391-6600

Visit our website