



## Disaster Recovery Continues



In the Fall of 2017, our employees worked hard for several months to help many seniors recover from the damages of Hurricane Irma. We discovered months later, that there were still seniors who needed assistance with recovery.

Meet Ms. M. During Hurricane Irma, Ms.M., a widow caring for her adult disabled daughter, she experienced damage to both her fence and porch roof. The fence was torn away, while the porch roof started leaking. She also lost all her food due to an electricity outage. Tapping into Disaster Recovery Funds, her fence was fixed and peace of mind was restored. Also, Ms. M. was referred to The Small Business Administration (SBA) where she received a loan which was able to cover the roof repairs, along with food cards to cover grocery needs for her and her daughter. Ms. M. is very thankful for our help in restoring her yard and fence.

## Outreach, Healthy Living and Senior Dental Needs



ElderSource was recently awarded multiple grants to support various programs and services. We are grateful to receive the funding that allows us to continue serving seniors, caregivers and adults with disabilities throughout our seven county area.

**MaRCy and Outreach** - For the fourth year, the National Council on Aging (NCOA) has awarded a grant enabling ElderSource to continue its efforts to enroll seniors in benefits program for which they may be eligible. Using the Mobile Resource Center (MaRCy) — a mobile office on wheels — as a tool to increase awareness of ElderSource programs and resources, the outreach effort is designed to help low-income people with Medicare access programs that pay for healthcare, food, and more. Last year, ElderSource participated in more than 200 outreach events — health fairs, expos and community presentations, reaching more than 20,000 people giving them information about how to access important resources to stay healthy and live independently.

**Healthy Eating for Successful Living** - ElderSource Institute received grant support from the Grace H. Osborn Endowment at the Community Foundation for Northeast Florida, to deliver Healthy Eating for Successful Living workshops to older adults throughout Duval County. Healthy Eating is a six week nutrition

program which actively engages individuals in their own well-being and nutritional health, giving them the proper tools and knowledge to prevent, reduce, or manage nutritional health related aging issues. With the grant support ElderSource Institute will also provide over 2,500 nutritious, prepackaged, nonperishable meals to older adults who participate in the Healthy Eating program. Looking ahead into the new year, ElderSource Institute will continue to expand the Healthy Eating program as well as bring on an additional evidence based program focused on supporting caregivers.

**United Way Dental Grant** - ElderSource received a grant from the United Way of Northeast Florida to assist seniors needing dental care. ElderSource will coordinate with Provider Agencies to identify seniors seeking critical dental care they cannot afford.

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## Employee of the Month

Michele Bennett, senior accountant, is our December Employee of the Month. Michele was recognized for her assistance with the complex transition to a new accounting system. Through the transition she maintained a steady attitude and gave much needed reassurance to her coworkers during the busiest times. Congratulations Michele on being a team player!

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## Community Outreach: Where to Find Us

ElderSource continues its grassroots efforts to reach seniors, caregivers and people with disabilities who are in need of services and resources. We serve seven counties in Northeast Florida and we try hard to service areas where the needs are the greatest. View the list below to find out where we'll be in January!

### January 2018 Outreach Events

**Saturday, January 13 | 9am-2pm**

UNF Lifestyle and Health Expo  
*Herbert University Center*  
1200 Alumni Drive Jacksonville, FL 32224

**Wednesday, January 17 | 9am-12pm**

*Episcopal Church of the Redeemer*  
7500 Southside Blvd. Jacksonville, FL 32256

**Friday, January 19 | 8am-12pm**

*Northeast Florida Women's Veteran Center*  
2133 Broadway Ave. Jacksonville, FL 32211

**Friday, January 26 | 10am-3pm**

*The Mind of Christ Inc.*  
825 Derbyshire Rd. Daytona Beach, FL 32114

**Saturday, January 27 | 8am-12pm**

*New Year's Health and Fitness Fair*  
Hilliard Parks and Recreation's Annex Building  
37516 Oxford Street Hilliard, FL 32046

[For more of our outreach events by county click here](#)

If you wish for ElderSource to visit your community, group or business and make a presentation about the services and programs we offer, please contact [info@myeldersource.org](mailto:info@myeldersource.org) for more information.

**Did you know:** We are also listed in the Jacksonville Business Journal book of lists? In 2016, ElderSource ranked number 11; in 2017, we reached number 10. In 2018's book, we are currently number 9! View our ranking on page 76 of the 2018 Book of Lists. Charities listed were ranked by area revenue.

## ElderSource is an LGBT Elder Friendly Certified Business



Did you know, LGBT Elders are five times less likely to access much needed support and services for fear of abuse and discrimination. In response to the need for LGBT elders to have access to safe and LGBT friendly resources, ElderSource Institute offers organizations the opportunity to become certified as LGBT Elder Friendly Businesses. Certified businesses will serve as direct referral sources by the ElderSource Helpline to LGBT elders, their families and caregivers.

As an LGBT Friendly Certified business your organization will:

- **Be prepared to care for, and provide services to, LGBT elders in our community**
- **Receive personalized consulting on building inclusive policies and procedures**
- **Be included as a direct referral source on our Helpline Database**
- **Receive the LGBT Elder Business Certification branded logo for marketing**
- **Have your logo linked to ElderSource Institute's online LGBT Elder Friendly Business Resource page**

We are excited to announce that ElderSource is the first business to become LGBT Elder Friendly through the training being offered by ElderSource Institute. Our agency has put a lot of effort into making sure our business is as inclusive as possible. We encourage other businesses to take the training and become part of a great network to help LGBT Seniors find the resources they need.

In order to become officially LGBT Elder Friendly certified, there are certain requirements:

- **Staff must undergo ElderSource Institute's LGBT Elder Cultural Competency Training or the SAGE training**
- **Your organization must adopt LGBT inclusive policies**
- **Declare your business as LGBT Elder Friendly**
- **Publicly display an outward symbol of equality and inclusion**

For more information on how to get started on a certification for your business please contact Heidi Katz at [Heidi.Katz@eldersourceinstitute.org](mailto:Heidi.Katz@eldersourceinstitute.org)

## Mark Your Calendars!



### Volunteer: Meal Packing Event

**Date:** Saturday, February 10, 2018

**Time:** 10am-12pm

**Location:** 2935 Dawn Road | Jacksonville, FL

**Description:** Volunteers will be packaging 3,000 nutritious dry ingredient meal packages for low income and food insecure seniors. All volunteers must wear comfortable clothing and shoes as they will be standing for most of the event. This is a great volunteer opportunity for groups as you will be working in a "team" to package bags. Individuals are welcome as well and will be placed into groups. Youth 16 and are up welcome to volunteer, volunteers under 18 will need to be accompanied by



### Upcoming Trainings with ElderSource Institute

Register now for these upcoming trainings with ElderSource Institute:

an adult.

[Age Sensitivity](#) - Click to register

**Thursday, January 25, 2018**

**12pm-1:30pm**

**10688 Old St. Augustine Rd.**

An interactive training program for individuals who are interested in learning about the specific needs and challenges of older adults in the community.

[Disability and Inclusion](#) - Click to register

**Wednesday, February 7, 2018**

**12pm-1:30pm**

**10688 Old St. Augustine Rd.**

Training covers basic etiquette and inclusion practices for individuals, companies and organizations who interact and work with individuals who have a disability,

[Click here to register for this event](#)



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## Jacksonville Area Community Assessment Project Session

Join us for an upcoming session at ElderSource as part of our inclusive efforts for LGBT Seniors. We have partnered with The Jacksonville-Area Community Assessment Project, that aims to help people learn more about the local LGBT community and is funded through The Community Foundation. The project is part of a research study approved by the Institutional Review Board at UCLA. "Obtaining a comprehensive look at the LGBT community in Jacksonville is a critical part of figuring out how we can make our community better and more welcoming, and fills a big gap as this data has not been collected before," said Michael Meyers, president of the LGBT Community Fund.



Aggregated, anonymous findings from this study are intended to help inform local service organizations, policy-makers, and residents about the diverse experiences and needs of the community.

### **LGBT Elder Feedback Session**

ElderSource, 10688 Old St. Augustine Rd, Jacksonville, FL 32257 (Training Room)

February 2<sup>nd</sup>, 2018 at 11:30 am – 1:30 pm EST (lunch provided)

[Facebook Event Link](#)

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[Visit our website](#)

ElderSource values all people – including but not limited to all nationalities, socio-economic backgrounds, abilities, races, genders, religious perspectives, sexual orientations and gender identities – in everything we do. We welcome the unique insights and perspectives of all persons in our quest to fulfill our mission.



ElderSource | 10688 Old St. Augustine Rd. | Jacksonville, FL 32257 | [myeldersource.org](http://myeldersource.org)