



Nominate a "Leading Light" for the 2019 ElderSource Luminary Award

For the second year in a row, ElderSource is inviting you to identify and nominate individuals who are "leading lights" working in a myriad of jobs in the aging industry and deserve to be recognized for their contributions.

What is a Luminary?

A Luminary is someone who is an inspiration to others; one who has achieved success in their chosen field, a leading light.



Luminary nominees and winners will be recognized at our annual fundraising event, *A Night with the Stars* on Monday, October 28 at the Alhambra Dinner Theatre.

A Night with the Stars is an evening celebration honoring professional caregivers in the aging industry who go above and beyond in their daily service to seniors in the community. The event will feature a "Parade of Stars," recognizing all of the nominees and the special presentations of the Luminary Awards and the Delores Barr Weaver Elder Advocate Award. In 2018 we recognized over 40 Luminary Nominees for their dedicated service to seniors and awarded over 20 Luminary Award Winners.

The deadline to submit nominations is Friday, August 23 at 5 pm.

All nominations are to be submitted to Alexandra McClain.

Email: Alexandra.McClain@myeldersource.org or call 904-391-6679 for questions

[Click here for more information](#)

[Click here to download the nomination form](#)

Save the Date! *A Night with the Stars* 2019



Monday, October 28, 2019
6:00 pm to 9:00 pm
The Alhambra Dinner Theater
12000 Beach Boulevard
Jacksonville, FL 322246

Mark your calendars for another evening to honor professional caregivers in the community for our annual *A Night with the Stars* 2019. Last year we had a great time honoring our Luminary award nominees and winners. We hope you will join us for an even greater celebration this year. Individual tickets are \$75 and sponsorship opportunities are available.

[Click here for more information](#)

[Click here for Tickets and Sponsorship information](#)

If you're interested in becoming a sponsor, contact Andrea Spencer

Andrea.Spencer@myeldersource.org or call 904-391-6692

[Click here to submit a Luminary Nomination](#)

LGBT Elder Cultural Competency Training: Wednesday, August 14



FREE Community Training

Learn how to become confident and comfortable in serving LGBT Elders in the Community!

The LGBT Elder Cultural Competency Training is a 90-minute training designed for professionals who work with older adults, helping them better understand key concepts, vocabulary and many barriers faced by LGBT older adults in the community.

This free training is sponsored by AARP Jacksonville.

To RSVP call 904-391-6613 or
email: info@eldersourceinstitute.org
or [Click here to register](#).

Virtual Caregiver Support Group Offers Safe Space for Caregivers To Share

Virtual Caregiver Support Group



The ElderSource Institute Virtual Caregiver Support Group is making it possible for caregivers to connect face-to-face in real time with other caregivers using today's technology.

The program has helped to provide caregivers a safe space to share information, ask questions, voice personal feelings and share stories.

"We hope that the support group helps caregivers to feel supported and valued," said group facilitator, Louise Starmann.

ElderSource Institute invites caregivers to sign-up, especially those who feel they cannot leave their loved one to attend a support group in person. The group helps caregivers build their support team and learn about the resources that are available to them. Although not everyone's caregiving journey is the same, this group helps create a community of caregivers so that no one feels alone while on their journey.

"So many caregivers are already stretched with enormous responsibilities and can use any assistance that will allow them to take a mental break by engaging with others who can recommend ways for dealing with any particular areas of concern," said Ms. A., a group participant from Volusia County. She appreciates the real life experiences and suggestions from other caregivers who have been through similar experiences.

"It's a great tool for caregivers who really need a place to talk about their feelings, their experiences and to have the support of other caregivers who can relate." Starmann said.

[Click here for information on how to join this group](#)

The Virtual Caregiver Support Group is funded from the proceeds of the annual ElderSource fundraising event, A Night with the Stars.

For more information on how to participate
please email Louise Starmann at
louise.starmann@eldersourceinstitute.org or call

ElderSource Receives Award for LGBT Elder Friendly Business Certification Program



ElderSource was recently awarded and honored for our LGBT Elder Friendly Business Certification Program by the National Association of Area Agency on Aging at its annual conference in New Orleans.

This award is given to several Area Agencies on Aging all over the nation

that have implemented successful and innovative programs that support older adults, people with disabilities and family caregivers.

[Click here to learn more about the LGBT Elder Friendly Business Certification Program](#)

Caregiver Event



Visit the ElderSource Information Table at the Caregiver Workshop

**Saturday, August 17
8:30am to 2:00pm
The Potters House
International Ministries
5119 Normandy Boulevard**

Join us for a FREE workshop to discuss common struggles and discover resources that are available to help you as a caregiver. Helpful resources and organizations will be on site to answer your questions. This workshop is presented by Community Hospice.

[Click for more information](#)

July Employee of the Month

Congratulations to our July Employee of the Month Janet. Janet works in our the Planning and Programs Department as ElderSource's Planner. Janet has been both proactive and innovative in getting data related to the needs of the seniors so ElderSource can see how they can be addressed. She collaborated with members of other departments to identify what resources were requested and worked with team members to create the connection between the needs in the community, the

programs that are currently being offered and the data that supports our role as an Area Agency on Aging. Janet has also been supportive in helping our intern in the Planning and Programs Department feel welcomed and appreciated. Thank you Janet for all your hard work!



Regional Resiliency Survey

The “Regional Resiliency Survey” launched by Northeast Florida Regional Council (NEFRC) focuses on our community's ability to prepare and plan for, and recover from an adversity. This brief survey is collecting information about resiliency in the context of hurricanes, storms and flooding.

The survey is an opportunity for seniors to provide valuable input about what priorities are most important to you. The results will facilitate local conversations across the region. Please take a moment to complete the survey below by following the link and clicking on the icon in the top right corner of the web page. Once completed, be sure to share with colleagues, friends and family!

[Click Here To Take Survey](#)

[Visit our website](#)

[Make a Donation to ElderSource](#)

ElderSource values all people – including but not limited to all nationalities, socio-economic backgrounds, abilities, races, genders, religious perspectives, sexual orientations and gender identities – in everything we do. We welcome the unique insights and perspectives of all persons in our quest to fulfill our mission.

ElderSource | 10688 Old St. Augustine Rd. | Jacksonville, FL 32257 | myeldersource.org