

March 2019 Newsletter



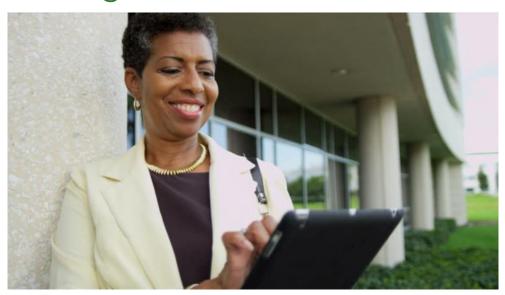








Seeking Advisory Council Members in Flagler & Volusia Counties



ElderSource is seeking volunteer members for its Advisory Council, specifically seniors who reside in Flagler and Volusia Counties.

Duties for an Advisory Council member include:

- Reporting on the needs of elderly and emerging issues in their respective counties
- Reviewing and commenting on the agency's Area Plan
- Studying legislative issues and advocating on behalf of the elderly
- Assisting in promoting the mission, programs and activities of the agency
- Educating the public about the needs and the contributions of the elderly

"Our Advisory Council members are an important asset to our organization," said Linda Levin, CEO of ElderSource. "They are an active voice we need to hear in order for us to stay in touch on the senior issues affecting the communities in which they live." Meetings are held the third Thursday of every other month from 12:30 p.m. to 2 p.m. at the ElderSource office located at 10688 Old St. Augustine Road, Jacksonville. Advisory Council members are reimbursed for their mileage to and from the meeting.

For more information contact Vanessa Boyer, Volunteer Coordinator, 904.391.6631 or email Vanessa.boyer@myeldersource.org

Welcome, ElderSource Interns!

ElderSource welcomes our spring semester interns, Addie (left) and Kasey (right) to our team. Addie is a Human Services major attending Florida State



great addition to each department!

College of Jacksonville and helping in our Planning and Programs Department.

After graduation in April she plans to grow her real estate business. Kasey is a Health Administration major at the University of North Florida working in the SHINE program (Serving Health Insurance Needs of Elders) collecting and analyzing data. After graduation this spring, he plans to study for his Master's in Health Administration. Both interns expressed having a positive work experience and being a part of the ElderSource team. They have been a

Interested in becoming an ElderSource intern? Call 904-391-6631 or email info@myeldersource.org.

Senior to Senior Program Presented with Award from Edward Waters College



Edward Waters College (EWC) recently held a Volunteer Recognition Dinner and Celebration where they recognized all volunteers, community partners and sponsors in helping them continue their goals. ElderSource was recognized for our *Senior to Senior* program collaborations with EWC and the

Schell-Sweet Community Resource Center. Once a month ElderSource staff works with seniors at the center to find resources for seniors who are in short-term financial crisis.

The Senior to Senior Program is supported by grants from the Delores Barr Weaver Fund coordinated by the Community Foundation of

Northeast Florida and the Jim Moran Foundation.

L-R: Marie Heath, Edw ard Waters College Community Affairs Director and Sherrie Bryant, Customer Service Specialist for the Senior to Senior program.

Ways to Give



Donate through Amazon Smile

Amazon Smile is the perfect place to shop all-year long and give back to our agency. It's a great place to save



Support DinIng with Dignity

Many seniors have difficulty eating for a variety of reasons: tremors from Parkinson's Disease, paralysis or weakness from stroke or pain from arthritis etc. Often, they cannot prepare their own food or feed

on all your gifts throughout the year. When you shop with Amazon Smile, a percentage of your purchase comes back to ElderSource. It's the gift that keeps giving!

Click here to shop NOW!

themselves. Assistive eating devices allow seniors to eat with dignity, thereby increasing their nutritional intake, independence and quality of life. Support a senior through this program!

Click here to give a donation now!

General ElderSource Donation



ElderSource Community Garden

Our ElderSource employees recently planted a community garden to help provide fresh fruits and vegetables to seniors in the local Mandarin community and senior centers.

Click here to see garden photo gallery



Connect with Us on LinkedIn

If you're looking for professional resources on issues related to aging in the workplace, then connect with us on LinkedIn.

Both ElderSource and ElderSource Institute offer business professionals tools, tips and resources on how to engage with the older population in the workplace and a business setting.

ElderSource LinkedIn

ElderSource Institute LinkedIn

Northeast Florida Events for Seniors and Caregivers



Caregiver Workshop

Saturday, March 23, 2019 8:30am - 2:00pm Nassau County Council on Aging 1901 Island Walkway Fernandina Beach, FL 32034



Active Boomer and Senior Expo

Saturday, March 30, 2019 9:30am - 2:00pm UNF Herbert University Center 12000 Alumni Drive Jacksonville, FL 32224 Are you currently a caregiver for a parent, loved one or an older adult? Join Nassau County Council on Aging for a FREE workshop to discuss common struggles and discover resources for caregivers. Caregiver support resources and organizations will be on-site to answer your questions.

Click here for more information

Come out for the 2019 Active Boomers & Seniors Expo. Come visit ElderSource staff at our booth. The event is an all-in-one stop for those looking to connect with businesses that offer services for those aged 50 and over. These services include:

- Fitness for Healthy Living
- Insurance Services
- Retirement Services
- Financial Services
- And more

Click here for more information

Visit our website

ElderSource values all people – including but not limited to all nationalities, socio-economic backgrounds, abilities, races, genders, religious perspectives, sexual orientations and gender identities – in everything we do. We welcome the unique insights and perspectives of all persons in our quest to fulfill our mission.

ElderSource | 10688 Old St. Augustine Rd. | Jacksonville, Fl 32257 | myeldersource.org