

## OLDER AMERICANS MONTH



ENGAGE AT EVERY AGE: MAY 2018

### How Do You Engage?

May is Older Americans Month, and this year's theme is "*Engage at Every Age.*" The theme highlights that you're never too old or too young to take part in activities that help enrich your physical, mental and emotional health.

There are many ways older Americans are engaging in their communities to make a difference, whether it's through physical activities, mentorship programs, or volunteering, these are only a few examples of what engagement can look like.

[Click here to learn more about Older Americans Month and how you can engage and stay active in your community!](#)



### It's Never Too Late to Learn!

As we celebrate Older Americans Month, highlighting older Americans who are active and engaged in their communities making a difference, what better way to start than featuring husband and wife duo, Marty and Mimi Kaufman?

The couple, both in their 80's, have been auditing classes at The University of North Florida for a decade and recently received an honorary degree on Friday, April 27.

The couple is proof that it's never too late to pursue your goals in life. Congratulations to the Kaufman's on receiving their degrees!

What a way to celebrate Engaging at Every Age for Older Americans Month.



# Join Us!

## Thursday, May 10

### *Gen Silent* Film Screening

**Presented by:**



**Date:** Thursday, May 10  
**Time:** 6 to 8 pm  
**Location:** Mayo Clinic  
Walker Auditorium in the  
Davis Building  
4500 San Pablo Road South

Join us for the screening of *Gen Silent* as insights are shared into how oppression through the years affects lesbian, gay, bisexual and transgender seniors as they grow older and are faced with decisions of care in their later years. Following the documentary, a panel of experts will discuss what it means to be an LGBT elder in today's society, discuss what progress has been made and what more is needed to ensure that LGBT elders receive care in environments that are safe and welcoming.

**[Register Now. Space is limited!](#)**

#### ***Gen Silent* Interview with WJCT's Melissa Ross and Stu Maddux**

Tune in Monday, May 7, to WJCT's First Coast Connect for an exclusive interview with host, Melissa Ross and *Gen Silent* film producer, Stu Maddux.

The interview will highlight the filming of *Gen Silent* eight years ago as Maddux followed the lives of several LGBT elders at the time. He will also discuss how many of the same issues are still relevant in the LGBT elder community today. Also joining the interview will be Andrea Spencer, ElderSource Vice President of Communications, talking about the launch of the ElderSource Institute LGBT Elder Friendly Business Certification. [Click here for information.](#)

Please be sure to register to reserve your space. The event is free, but space is limited. Please RSVP.

## Upcoming Community Events Near You!



Financial exploitation scams against seniors and are rampant. National Center for Victims of Crime is bringing two important workshops to our area next month. Check them out! Each session is free.

### Taking Action: Assisting Victims of Financial Fraud

Attendees will receive a foundational background on four major fraud types and discuss specific and concrete action steps that can be taken, along with a multitude of resources available to victims.

#### Tuesday, May 8, 2018

9:00 am to 12:30 pm  
Florida Coastal School of Law  
8787 Baypine Road  
Jacksonville, Florida 32256

[Click here to register](#)

### Civil Justice for Victims of Crime in Florida

The program will cover resources and strategies for victims considering civil lawsuits, and will include a panel of attorneys to answer specific questions of Florida law. This session offers a complimentary breakfast, lunch and afternoon snack.

#### Wednesday, May 9, 2018

9:00 am to 4:30 pm  
Florida Coastal School of Law  
8787 Baypine Road  
Jacksonville, Florida 32256

[Click here to register](#)



### Caring for the Caregiver: Caring, Better Together

Date: Saturday, June 16, 2018

Time: 9 am to 3 pm

Location: Mary Singleton Senior Center  
150 East First Street, Jacksonville, FL 32204

“Caring for the Caregiver” is a conference that can help you take better care of yourself and those you care for. Caregivers will leave empowered to take better care of themselves and those they love.

At the conference you'll hear from community caregiving experts on educational topics important to your role as a caregiver, such as:

- Caring for the Caregiver
- Caring for Your Body, Mind and Spirit
- When Is It Time to Give Up the Keys?
- When Is It Time for Community

Hospice Care?

- Medicare 101
- Preservation of Assets

[Click here to register for this FREE event](#)

Visit our website

ElderSource values all people – including but not limited to all nationalities, socio-economic backgrounds, abilities, races, genders, religious perspectives, sexual orientations and gender identities – in everything we do. We welcome the unique insights and perspectives of all persons in our quest to fulfill our mission.

