



ElderSource
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**January
2020
Newsletter**



Stay social with ElderSource

New Year, New Volunteer Opportunities!

Caring Connections --- The Telephone Reassurance Program for Seniors

Having valuable relationships and connections is important especially as we get older. This is why ElderSource launched its latest initiative, *Caring Connections*, created to provide a friendly telephone call from a volunteer to an older adult who is living alone or home-bound.



The goal of the program is to eliminate or reduce isolation, anxiety, depression, loneliness and cognitive decline often faced by many home-bound seniors who don't have consistent social contact or relationships.

We're looking for volunteers willing to be a part of this program and make a commitment to calling a senior in the community. We want our seniors to make a connection to the community beyond their front door. Will you help us make that connection possible by becoming a volunteer?

**Sign-up today by contacting Vanessa Boyer via email:
Volunteers@myeldersource.org or calling 904-391-6631.**

[Click here to learn more about the Caring Connections Program](#)



SHINE Volunteers, Holiday 2019

SHINE Volunteers Wanted!

Let's face it. Medicare can be complicated and overwhelming to most seniors and caregivers. Wouldn't it be nice to have someone you could trust to give you unbiased guidance and counsel on your Medicare benefits?

This is why our SHINE volunteers are so valuable. Through training and education they are able to provide



countless seniors and caregivers with FREE counseling about their Medicare benefits all year-long. Our volunteers take pride in helping and educating seniors in the community.

If you are interested in helping seniors understand their Medicare benefits, we would love to have you join our SHINE team.

[Click here for more information](#)

Join Us on Thursday, January 30



ElderSource has partnered with Jacksonville Business Journal and others for an event designed for HR and business professionals.

Many caregivers are juggling home and work responsibilities. With one in six Americans reporting caring for an elderly or disabled relative or friend, employees miss an average of 6.6 work days and contribute to more than \$25 billion in lost productivity.

Learn how companies can prepare for the influx of their employees being impacted by caregiving responsibilities.

Date: Thursday, January 30

Time: 7:30 a.m. - 10:00 a.m.

Location: The River Club at 1 Independent Drive, Jacksonville, FL., 32202

Host: Linda Levin, CEO, ElderSource

Keynote: Toulou Wootan, Radio Show Host and Caregiver Advocate

Featured Panelists:

- **Terri Henderson** - *Director of QA Analytics and Insight, Johnson & Johnson*
- **Justine Conley** - *Associate State Director Advocacy Community Outreach Northeast Florida, AARP*
- **Lauren Papalas** - *Director of Social Services, Baptist AgeWell Institute*
- **Lindsay Swiger** - *Attorney at Law, Jackson Lewis, P.C.*

This event is sponsored by:



ElderSource Employee Recognition

2019 Employee of the Year



Left to Right: Vanessa B., Linda Levin, CEO

Congratulations to Vanessa B. on receiving the 2019 Employee of the Year Award. Vanessa strategically worked hard all year-long to help implement and create our *Caring Connections* Program for seniors, the agency's newest initiative. The program is designed to fight isolation and keep home-bound seniors connected to their community.

Early on in 2019, Vanessa transitioned from a previous position to becoming our Volunteer Coordinator. She took on the telephone reassurance program, developing it from start to finish. After extensive research, training of volunteers and creating policies and procedures, the program was finally launched in December.

Vanessa is credited with recruiting many SHINE volunteers and Advisory Council members who all add great value to our agency. Congratulations Vanessa on your special recognition.

Employee of the Month: December 2019



Congratulations to Sherry H. who was awarded the December Employee of the Month. As the Administrative Assistant for Planning and Programs Department, Sherry is committed to providing excellent service to the department as well as the seniors we serve. Sherry is dedicated to learning and executing the skills necessary to support the ElderSource team. Congratulations Sherry; keep up the excellent work!

Free Event: Ask-A-Lawyer

Saturday, January 18, 2020

10:30 a.m. to 1:30 p.m.

Main Library, Multipurpose Room

303 N. Laura Street Jacksonville, FL. 32202

The Jacksonville Bar Association, Jacksonville Area Legal Aid, and Florida Coastal School of Law are offering an "Ask-A-Lawyer" event on Saturday, January 18 at the downtown Jacksonville Main Library from 10:30 a.m. to 1:30 p.m. **The service is free-of-charge and no appointment is required.**

Attorneys will conduct individual, 10 to 15 minute consultations. The attorneys have expertise in many areas of law and can provide guidance regarding family law matters, employment, landlord/tenant, wills and estates, criminal law, bankruptcy, and foreclosures to name a few.

Persons who participate in Ask-A-Lawyer must sign statements verifying that they understand that the interviewing attorney will not be opening a case, but is simply there to provide some legal guidance and information on additional community resources. For matters that may require full representation, persons may be referred to Jacksonville Area Legal Aid, Three Rivers Legal Services, or to the Jacksonville Lawyer Referral Service.

[Visit our website](#)

[Make a Donation to ElderSource](#)

ElderSource values all people – including but not limited to all nationalities, socio-economic backgrounds, abilities, races, genders, religious perspectives, sexual orientations and gender identities – in everything we do. We welcome the unique insights and perspectives of all persons in our quest to fulfill our mission.

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