

August 2020 Newsletter

We're Looking for Caregiver Heroes!



Submit Your Caregiver Hero

Do you have a Professional Caregiver you would like to recognize for their leadership, dedication and compassion to their peers?

Visit MyElderSource.org to learn more and submit your caregiver hero today!



Unfortunately, due to the current pandemic, this year's *A Night with the Stars* event has been canceled. As we take into consideration the importance of everyone's safety and health, ElderSource has found a way to still honor people who are making a strong impact on the lives of our seniors.

ElderSource is posting on our website the names and photos of Caregiver Heroes! These are professional caregivers working in the aging industry who have shown natural leadership, dedication and compassion to their peers and the seniors they serve. As we know, they have become essential in providing vital service and care to seniors in the community.

Please take some time to submit a name and look at those who have already been posted!

[Click here to submit your caregiver hero!](#)

Governor Ron DeSantis Holds Roundtable Meeting at ElderSource

ElderSource recently hosted Florida Governor Ron DeSantis and his wife, Casey DeSantis, for a roundtable discussion on senior isolation during the pandemic.

DeSantis and key professionals in the aging industry, along with a caregiver advocate discussed the challenges of how to protect seniors in living facilities and guidelines for

allowing their caregivers to visit during the pandemic. Many caregivers and seniors have struggled with being able to see their loved ones due to restrictions of the pandemic.

Leaders in attendance included: Mary Mayhew, Secretary, Agency for Healthcare; Richard Prudom, Secretary Florida Department of Elder Affairs; Michelle Branham, Vice President of Public Policy for the Central and North Florida Alzheimer's

Association and Mary Daniel, a Jacksonville resident who got a job as a dishwasher to be closer to her husband in a senior living facility.



Featured in photo above (L-R): Linda Levin, ElderSource CEO; First Lady Casey DeSantis, Governor Ron DeSantis; Tameka Gaines-Holly, ElderSource COO and Richard Prudom, Secretary of Florida Department of Elder Affairs.

ElderSource Announces New Volunteer Coordinator

Congratulations to Anita Thaxton, the new ElderSource Volunteer Coordinator!

Anita has worked with ElderSource since February 2019 and recently transitioned from her role as Customer Service Specialist to the Volunteer Coordinator position.

Through her customer service experience, she has shown a passion and dedication in helping seniors get the resources they need.

In this role, Anita will be managing the *Caring Connections* Telephone Reassurance program which includes recruiting new volunteers, training matching volunteers with seniors who want to receive that friendly call. For more information about *Caring Connections* and other volunteer opportunities, click below!



[Volunteer Opportunities](#)

It's Not Too Early! Prepare Now for Medicare Open Enrollment

Medicare Open Enrollment (**October 15-December 7**) will be here before you know it and now is the time to prepare!

Medicare plans and coverage can be complicated to navigate. Did you know our SHINE volunteers can assist in helping you understand the Medicare Open Enrollment process?



They are available to help with any questions or concerns you may have about your Medicare coverage. Call our HelpLine now to prepare and get the free and unbiased help you need. Call **1-888-242-4464** to schedule your appointment with a SHINE volunteer today!

[Click here to visit the ElderSource website and learn more about SHINE.](#)



Senior and Caregiver Resources

Caring for Yourself as You Care for Others
Practical Tips for Caregivers
Saturday, August 15 10am - 11am EST

Caring for Yourself While Caring for Others: A FREE Virtual Workshop

**Saturday, August 15
10:00am - 11:00am EST**

**Hosted by: Caregiver Coalition of
Northeast Florida**

Stress, anxiety, guilt, and feelings of grief and loss are all natural responses to the constant uncertainty we have been experiencing for months on end. How do we handle these difficult emotions and create time for self-care when resiliency is stretched thin? Join us for our next workshop where we take some time to talk about you, the caregiver. Tune in to learn:

- Why grief is connected to caregiving.
- How stress as we get older impacts our health and immunity.

You are Invited

Thrive! 100 Years! 25 Years! **A Virtual Celebration**

**TUESDAY AUGUST 18, 2020
9:00am - 10:00am**

- 1 This year marks the 100th anniversary of women winning the right to vote in our country.
- 2 The Women's Center of Jacksonville marks its 25th anniversary serving, supporting and advocating for the women of NE Florida.

**JOIN US AND CELEBRATE
THE STRONG WOMEN MAKING A DIFFERENCE IN OUR
COMMUNITY...STATE...COUNTRY.**

Melissa Nelson will deliver the Keynote Address at THRIVE! 100/25, and we will honor Delores Barr Weaver with the first-ever Shirley Webb Leadership Award of Excellence.

This is a free event! Please [click here](#) to register.

25
WOMEN'S CENTER
OF JACKSONVILLE

Women's Center of Jacksonville Presents: Thrive 100/25!

**Tuesday, August 18
9:00am-10:00am**

This year marks the 25th anniversary of the Women's Center of Jacksonville and their service to women in the Northeast Florida community and also the 100th anniversary of women getting the right to vote in the United States.

Join the Women's Center of Jacksonville for a celebration!

- Practical, creative strategies to lower your stress.

[Click here to register](#)

[Click here for more information](#)

Join Us for *Let's Do Lunch!* Thursday, August 13 at 12:30pm



This monthly 30-minute program hosted by ElderSource and AARP Florida will provide a serving of information on topics that are important to you the older adult and caregiver.

The series' first program, Make It Count, will air on **Thursday, August 13 at 12:30pm** and feature vital information about how the 2020 Census and upcoming election are important events in the lives of older adults.

[Click here to join the conversation](#)



Employees of the Month: July 2020

This month we have several employees who were nominated together for their team effort to help seniors.

Congratulations to Sherry Holmes (*far left*), Administrative Assistant; Sherrie Bryant, Customer Service Specialist II (*top*); and Jessica Del-Rio, Executive Administrative Assistant (*bottom*).

Sherrie Bryant, who works with our Senior to Senior program, was nominated for taking the lead in training new staff and existing ElderSource staff to help with online food orders for clients



needing groceries.

Sherry and Jessica took on additional work to support Sherrie so seniors did not have to wait too long to receive their groceries. They learned new processes such as how to connect with our REFER database, order food items using SHIPT and ensure the deliveries were being made to the seniors. They have all demonstrated unselfish team spirit in getting the needs of our seniors met.

Keep up the good work! ElderSource appreciates your team effort!

Shop Amazon Smile to Support ElderSource



When you shop with Amazon Smile, you not only find good deals for the things you love, but you can help support ElderSource.

A percent of your purchase goes toward programs and services that support our seniors and caregivers.

Click the link to learn more about giving back while you shop on [Amazon Smile](#).



Stay social with ElderSource

Make a Donation to ElderSource

Visit our website

ElderSource values all people – including but not limited to all nationalities, socio-economic backgrounds, abilities, races, genders, religious perspectives, sexual orientations and gender identities – in everything we do. We welcome the unique insights and perspectives of all persons in our quest to fulfill our mission.

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