Ways to Share the Love

Sharing the love can be simple and fun! Here are a few ways you and your organization can put spread this message and put love into action:

- Post the #Sharethelovechallenge message on your social media. Let the message grow!
- Mail a card or letter
- Pick up the phone and just say, “I’m thinking of you!”
- Start a new tradition with family members or friends
- Treat someone to lunch, coffee, flowers
- Share a favorite poem, book, song or a smile
- Create a video message telling someone you love them
- Cook a special meal for friends or family
- Host a virtual game night
- Do a small chore or run an errand for your neighbor
- Any way to pay it forward!

The possibilities are endless to #SharetheLoveChallenge